



Florence Township Recreation Committee



CURIOS ABOUT PLANT-BASED LIVING?

NJveg will cover some of the basics, including what to eat, and provide their personal experiences. They will discuss the benefits of going plant-based, volunteer opportunities, and have time for your questions.

***NJveg** is an all-volunteer non-profit, 501(c)(3) corporation in New Jersey. Their mission:*

- **Advocacy:** *educating the public on the benefits of a plant-based diet via free literature, speakers, and providing support to those in transition*
- **Social:** *providing opportunities to volunteer, share meals, and join in other activities*

Come to learn and stay for free plant-based food samples

Thursday, July 18, 7:00 PM
Florence Township Community Center
69 Main Street, Roebling, NJ